



MetSEA Speedo Sprint Series

Heats – Sydney Olympic Park Aquatic Centre

Olympic Boulevard, Sydney Olympic Park

Sunday 5 February 2023



Entries must be forwarded to your Area, not Swimming NSW Ltd.

BOYS	GIRLS	AGE		STROKE
1	2	13 years	50m	Backstroke
3	4	12 years	50m	Backstroke
5	6	11 years	50m	Backstroke
7	8	10 years	50m	Backstroke
9	10	9 years	50m	Backstroke
11	12	8 years	50m	Backstroke
13	14	13 years	50m	Butterfly
15	16	12 years	50m	Butterfly
17	18	11 years	50m	Butterfly
19	20	10 years	50m	Butterfly
21	22	9 years	50m	Butterfly
23	24	8 years	50m	Butterfly
33	34	13 years	50m	Freestyle
35	36	12 years	50m	Freestyle
37	38	11 years	50m	Freestyle
39	40	10 years	50m	Freestyle
41	42	9 years	50m	Freestyle
43	44	8 years	50m	Freestyle
45	46	13 years	50m	Breaststroke
47	48	12 years	50m	Breaststroke
49	50	11 years	50m	Breaststroke
51	52	10 years	50m	Breaststroke
53	54	9 years	50m	Breaststroke
55	56	8 years	50m	Breaststroke

AGE AS AT 4 FEBRUARY 2023
ENTRY FEE MAXIMUM \$8.00 PER EVENT

- Any Swimmer who has qualified for the 2023 National Age Championships by the 4th February 2023 (excluding MC & Open Water) is ineligible to compete in the Final Series
- Any Swimmer who wins a medal in an individual event at the 2022/23 NSW Senior State Age Championships is eligible to compete at the Heats Series, however is ineligible to compete in the stroke in which they won the medal, at the Finals Series
- Swimmers do not need to be registered with a club to compete in the heats. However, registration at a SNSW affiliated Club is a requirement to contest the finals
- Up to four (4) swimmers per event from each area are eligible to compete in the finals

NOTE: Area relays (Events 25-32) will be conducted on the finals day, thus omitted from the Heats program
Relay teams to be selected from those swimmers who have qualified for the finals



2023 Speedo Heats – Entry Conditions

Venue	Sydney Olympic Park Aquatic Centre – Olympic Boulevard, Sydney Olympic Park 2127
Date	Sunday 5 February 2023
Starting Time	Sydney Olympic Park Aquatic Centre Warm-Up 8:00am First Race: 9:00am Lunch Break ½ Hour
Age as at	4 February 2023 Minimum age for this meet is 8 years
Entry Fee	\$8.00 per Event
Entries Open	Entries will open in SWIM CENTRAL Monday 5 December 2022 at 10.00am
Closing Date	Entries close Monday 23 January 2023 at 5.00pm Once timeline is reached, for each session, only empty lanes will be available until all lanes are filled. New heats will not be created under any circumstances.
Entry Conditions	<p>Entries will be accepted via SWIM CENTRAL for members and via email to competition@metsea.org.au for unregistered swimmers. Entry times will not be updated.</p> <ul style="list-style-type: none"> Any Swimmer who has qualified for the 2023 National Age Championships by the 4th February 2023 (excluding MC & Open Water) is ineligible to compete in the Final Series Any Swimmer who wins a medal in an individual event at the 2022/23 NSW State Age Championships is eligible to compete at the Heats Series, however is ineligible to compete in the stroke in which they won the medal, at the Finals Series
Pool Entry	Free
Backstroke Ledges	Backstroke Ledges will not be used at this meet.
Program	Free, available to print from Area website, after 1 February 2023 NO PROGRAMS WILL BE AVAILABE FOR SALE ON THE DAY.
Results	PDF results will be available from Area website
Special Conditions	<p>After entries have closed a start list will be placed on Area website the following day, swimmers will have 48 hours to check events they have entered and report any issues viaemail to competition@metsea.org.au NO late entries will be accepted even if there is a spare lane</p> <p>The program will be placed on the Area website on Wednesday 1 February 2023 Swimmers, coaches and parents will be able to print a program for the meet.</p>
Split Times	MetSEA will not be accepting Split Times as an entry time for this meet.
Refund Policy	Refunds for withdrawals will only apply if a valid doctor's certificate or positive COVID test result is produced within 3 days of the meet being run. Refunds will not be paid until after the meet has been run.
This meet is conducted under the rules of Swimming NSW. Swimmers do not need to be registered with a club to compete in the heats. However, registration at a SNSW affiliated Club is a requirement to contest the finals	
All applicable COVID-19 restrictions will be enforced. Tickets may be required for spectators and all relevant information will be advised via the MetSEA website closer to the meet	
The Meet Director reserves the right to alter the program	
Under no circumstances are parents allowed on pool deck (un-less fulfilling timekeeping or other duties, as required)	
No Late entries will be accepted	