ST GEORGE SWIM CLUB

WINTER SHORT COURSE MINI MEET





ANGELO ANESTIS AQUATIC CENTRE, 98C PREDDYS ROAD, BEXLEY – SUNDAY 30TH JUNE 2024

GATES OPEN 12:00PM				WARM UP TIME 12:15PM				START TIME 12:45PM	
М	F	Event		QT	М	F	Event		QT
1	2	200m	Individual Medley	3:20:00	19	20	50m	Breaststroke	NT
3	4	50m	Butterfly	NT	21	22	100m	Freestyle	NT
5	6	100m	Backstroke	NT	23	24	25m	Breaststroke	NT
7	8	25m	Backstroke	NT	25	26	200m	Butterfly	3:10:00
9	10	200m	Breaststroke	3:30:00	27	28	50m	Backstroke	NT
11	12	50m	Freestyle	NT	29	30	25m	Butterfly	NT
13	14	100m	Butterfly	NT	31	32	100m	Breaststroke	NT
15	16	25m	Freestyle	NT	33	34	100m	Individual Medley	NT
17	18	200m	Backstroke	3:00:00	27	28	200m	Freestyle	2:50:00

CONDITIONS OF ENTRY

Entries will be limited to finish no later than 5pm.

- 1. The meet will be conducted under the rules of Swimming NSW Ltd., and all swimmers must be registered members of Swimming NSW Ltd.
- 2. This is an Area approved meet and all times shall be sent to Swimming NSW Ltd.
- **3.** The One Start Rule applies.
- 4. Entries to be completed through Swim Central https://swimcentral.swimming.org.au
- 5. Swimmers 6 years and under are only permitted to enter 25m events. Swimmers aged 7 years may only enter 25m OR 50m events but not both.
- **6.** All events are timed finals.
- 7. St George Swimming Club Inc reserves the right to cancel any event due to insufficient entries.
- 8. Age as at 30th June 2024.
- 9. Entries Close: 5.00pm 25th June 2024 unless closed early due to reaching capacity. No late entries will be accepted.
- **10.** Race Entry Fee: Individual entries \$10.50 which includes the Swimming NSW levy. No refunds are available.
- 11. No printed programs will be available on the day. Please download and print a copy from the https://stgeorge.swimmingclub.org.au/
- 12. Pool Entry: Spectators as per gate entry fee Swimmers and Officials No charge
- **13. Awards:** Individual age medals for 25m 100m events & 200m IM from 7 years up to 17/over years. No medals for time trial 200m individual stroke events.
- **14.** BBQ and kiosk also available.
- 15. Visiting clubs will required to assist with time keeping.
- As this is an indoor event with limited space, we request that only one spectator per family may attend wherever possible.
- 17. If you are experiencing a cold, flu, or COVID like symptoms at the time please do not attend to protect other attendees on the day.